

Acadia Resources

Co-op Department

Presenter: Michelle Larsen

ACADIA CO-OP

Michelle Larsen – Manager, Co-operative Education







Co-op Is Available With....

- Bachelor of Arts with Majors in:
 Economics, English, ESST, French, German, Spanish, History, Politics, Psychology, and Sociology, Women and Gender Studies
- Bachelor of Business Administration
- Bachelor of Community Development
- Bachelor of Computer Science & Bachelor of Applied Computer Science
- Bachelor of Science with Majors in: Biology, Chemistry, Environmental Geoscience, Environmental Science, Geology, Math & Statistics, Nutrition, Physics, and Psychology
- Masters: CS, Mathematics and Statistics



What is Co-op?

- Hands-on learning, discipline-related, real-life
- An academic program = 2 elective courses
- 4, 8, 12 and 16 months, full-time
- Paid
- A year's worth of experience <u>before</u> graduating

Our Co-op students earned total wages of \$2.7 million in 2019!!





With Co-op, Students...

- Develop excellent job search skills
 - Resume and cover letter writing
- Define careers/educational choices
- Access exclusive opportunities
 - 3300+ in 2019
- Develop industry contacts and valuable references – essential if planning on immigrating to Canada
- Secure jobs before graduation



Eligibility

- Normal time to apply = Beginning of 2nd year
- 24-75 credits completed
- CGPA ≥ 2.5
- Deadline = October 1 each year







Additional Information

- Co-op work permit zero cost, tutorial
- Ability to complete work terms in home country
- 13% of Acadia Co-op students are international







Acadia Co-op

To Find Out More

Website: co-op.acadiau.ca - "Why Join Co-op?"

Email: co-op@acadiau.ca

To apply: https://co-opportal.acadiau.ca/home.htm

Thank you! Questions?



Acadia Co-op

Student Accounts

Presenter: Angela Blencowe

Student Accounts

January 7, 2021



Student Accounts Team

Three Financial Student Services Representatives and one Manager

How to reach us:

Student.Accounts@acadiua.ca or by phone 902-585-1297

https://financial-services.acadiau.ca/office-of-student-accounts.html

Hours: Monday to Friday 8:30 am to 4:30 pm



Monitor you Student Account

It is your responsibility to review your account regularly to ensure all charges are as expected, all payments have been received and all balances are paid by the payment deadlines. Your account balance can change as a result of changes to your program, course load, residence, meal plan, scholarships, late fees or fines.

You can view your account online through your <u>Acadia</u> <u>Central</u> site.

Explanation of Fees

Tuition, student fees, residence and meal plan costs are split 50/50 between the Fall and Winter terms. Your statement will advise you of what is due for each term. Other departmental charges may be applied at any time over the course of the year. Department charges include, but are not limited to: behavior fines, library fines, print charges.

The cost of textbooks, class notes, mandatory supplies or other miscellaneous expenses are not included in the fees charged to your student account.

Your Financial Information

Student Accounts is often asked to disclose financial information on a student's account by parents and others so they can make accurate tuition payments.

University policy recognizes the financial account as belonging to the student and therefore, to protect student privacy, account information is considered confidential. Students can choose to provide permission for a 3rd party to access their account information by completing a Release of Information document found on the <a href="https://document.ncbi.nlm.ncb

How to Pay

GlobalPay for Students

The most reliable payment process for an international student to pay their fees from outside of Canada is through GlobalPay for Students. This option allows you to pay your fees in the currency of your choice which then converts into Canadian dollars.

Your exchange rate quote is guaranteed for 72-hours after you receive your quote and you can track your payment as it moves through the system.

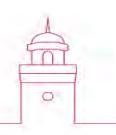
Payments made through this method are typically received 7 – 10 business days after your bank initiates the payment.

Refunds

A credit on your student account can be left on your account to be used towards future terms balances, or you may request that it be returned to you.

Requests for refunds can be made through the <u>HUB</u>, by choosing "Student Account Refund" under Student Account Services.

Refund requests that are received **prior** to noon on Tuesdays will have a cheque available for pick up or mail after 1pm on Monday of the following week.



Acadia Campus Card

At Acadia University, your campus ID card is the single most important piece of identification. It is not only identification and a key card, it acts as a cash account to purchase meals, snacks, books, and other supplies.



Axe Cash

Loading Axe Cash: A minimum of \$10 can be added to the account at any time. You must have a credit on your student account for the transfer to take place. If payment is made by bank transfer please let the student accounts office know that the transfer has been made by email: student.accounts@acadiau.ca.

Unused Balance: Any unused balance is carried over to the next academic year unless a formal request for refund is made to the Student Accounts office. Graduating students with balances over \$5 will have any unused balance applied to their student account prior to convocation each year.

Axe Cash

Where can it be used?

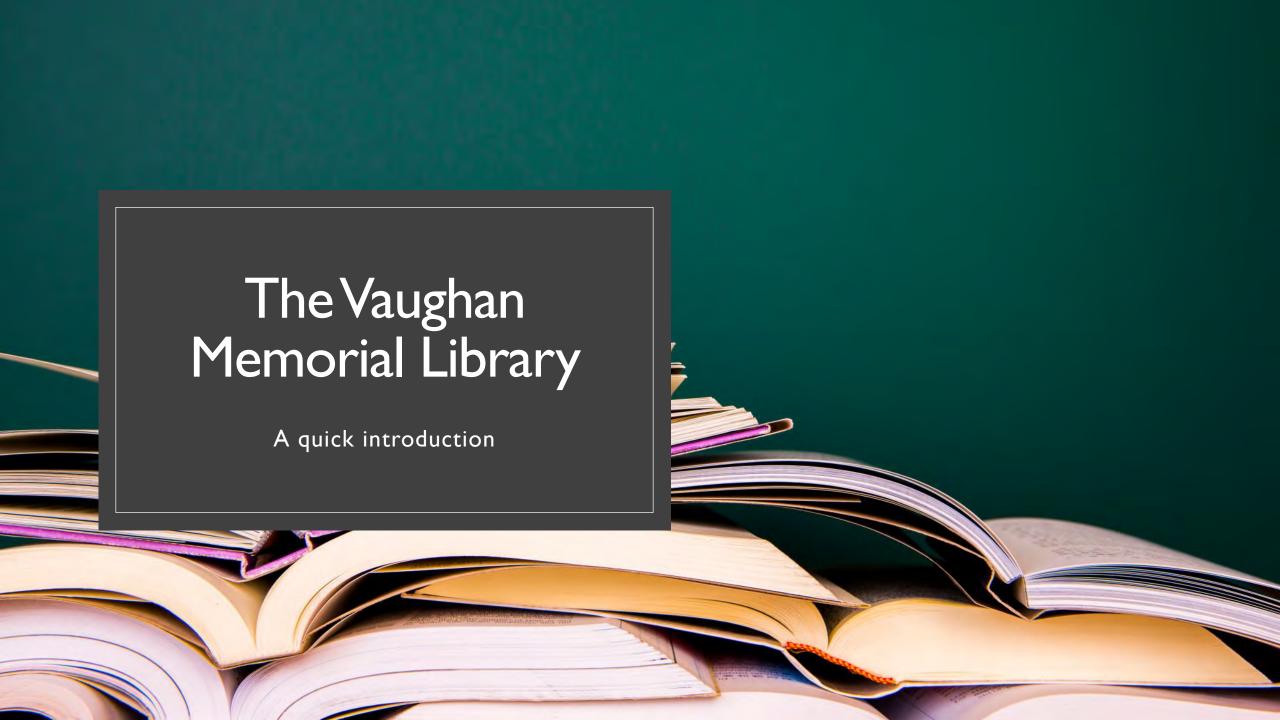
- Athletics campus store
- Campus book store
- Acadia box office: fitness passes, ticket sales
- Chartwells locations: Wheelock Dining Hall, On the Go locations at Huggins the BAC, and Athletic Complex
- Pronto Pizza in Wolfville

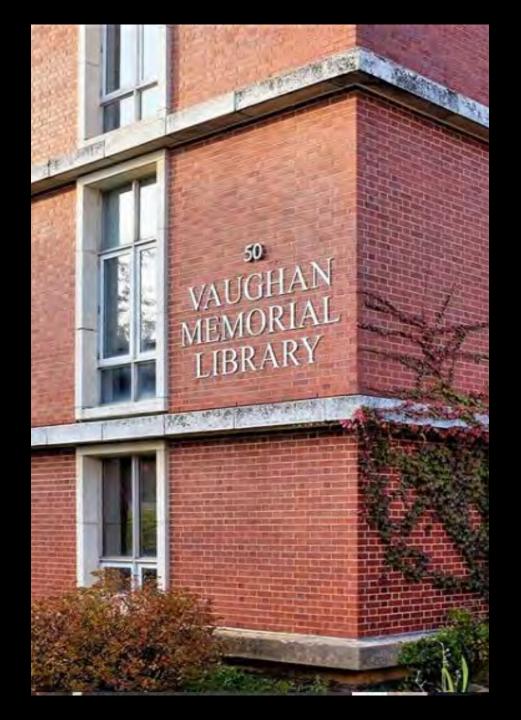
Thank You



Library

Presenter: Anthony Pash





The Library has been in its current location since 1965. It contains more than 800,000 physical items and extensive electronic resources. In a normal year, it is an extremely popular space for group work and quiet study, with nearly a quarter of a million people passing through the gates each year.

The Librarians

The library has several academic liaison librarians who work with every department at Acadia. Whatever you are studying, there is a librarian who can help. If you need any help finding or evaluating resources or citing those resources in papers and presentations, please reach out. You will find a list of the liaison librarians on the library homepage.

VAUGHAN MEMORIAL LIBRARY

Home About Us Library Hours Printing & Scanning My Library Account Di

Search Acadia & other NS university libraries...

Help: How does the search box work?

COVID-19
Library
Updates

Library Hours

Today January 6

Open 10:00am - 5:00pm

Thursday January 7

Open 10:00am - 5:00pm

Friday January 8

Open 10:00am - 5:00pm

What's Happening at the Library?

△ COVID-19: Good news! The main floor is open again.

As of November 30th, there will no longer be a need to book your study space in the library. Library staff will be happy to greet you in the library at any time during our open hours.

Return books from any library to any library

Academic libraries in Atlantic Canada are working together so that you can return material borrowed from any library to any CAUL-CBUA library near you, and we'll take care of returning it.

About Us

Find out more about the librar help, meet the librarians, and information about our range of



Home About Us Library Hours Printing & Scanning My Library Accou

About Us

Library Hours

Our People

Finding Things in the Library

Ask for Help

Services

Policies

Student Employment

Borrow & Return

Research Resources

Subject & Archival Guides

☆ Vaughan Memorial Library > About Us > Our People

Our People

Meet Your Librarians and Archivists



Mike Beazley

Academic Librarian

Room 425, level 2
(902) 585-1523

mike.beazley@acadiau.ca

Chat with Mike via Microsoft Teams

- Economics
- ESST Environmental & Sustainability Studies
- Politics
- Sociology
- Women's and Gender Studies



Maggie Neilson

Academic Librarian Room 420, level 2 (902) 585-1718

THE LIBRARY DURING COVID-19

Physical Space and Books

- Library is open 10-5 or 10-7 most days
- The main floor of the library is open without an appointment, but mask use and social distancing is required
- You have to request any books you want to use and someone will retrieve them for you
- Interlibrary loan service is available, but may be affected by covid-19 safety procedures and closures at other institutions
- All Novanet libraries have eliminated library fines for most loaned items
- Books can be returned to any academic library in Atlantic Canada

Online Resources and Help

- The library provides access to a huge selection of online books, journals, and videos
- All of our resources are available through the library website
- We have many <u>video and interactive</u> <u>tutorials</u> available
- Please see our <u>homepage</u> for contact information
- Reach out to me, your subject librarian, the reference desk, or the front desk if you need anything

VAUGHAN MEMORIAL LIBRARY

Home About Us Library Hours Printing & Scanning My Library Account Distance Education

virtual learning

u

Help: How does the search box work

Web 3.0 – Based personalisation of learning objects in virtual learning environments Author Kurilovas, Eugenijus; Kubilinskiene, Svetlana; Dagiene, Valentina Year 2014

The use of 'exploratory learning' for supporting immersive learning in virtual environments

Author Freitas, Sara de ; Neumann, Tim

Year 2009

Learning at home during COVID-19: A multi-institutional virtual learning collaboration

Books and Book Chapters

Learning in Virtual Worlds: Research and Applications

Author Gregory, Sue ; Lee, Mark J.W ; Dalgarno, Barney ; Tynan,

Belinda

Year 2016

Saving schools: From Horace Mann to virtual learning

Author Peterson, Paul E

Year 2010

Learning Transported: Augmented, Virtual and Mixed Reality for All Classrooms

Author Donally, Jaime

Year 2018

Databases

Sorry, no matches were found

Q Advanced Search

Interactive Tutorials

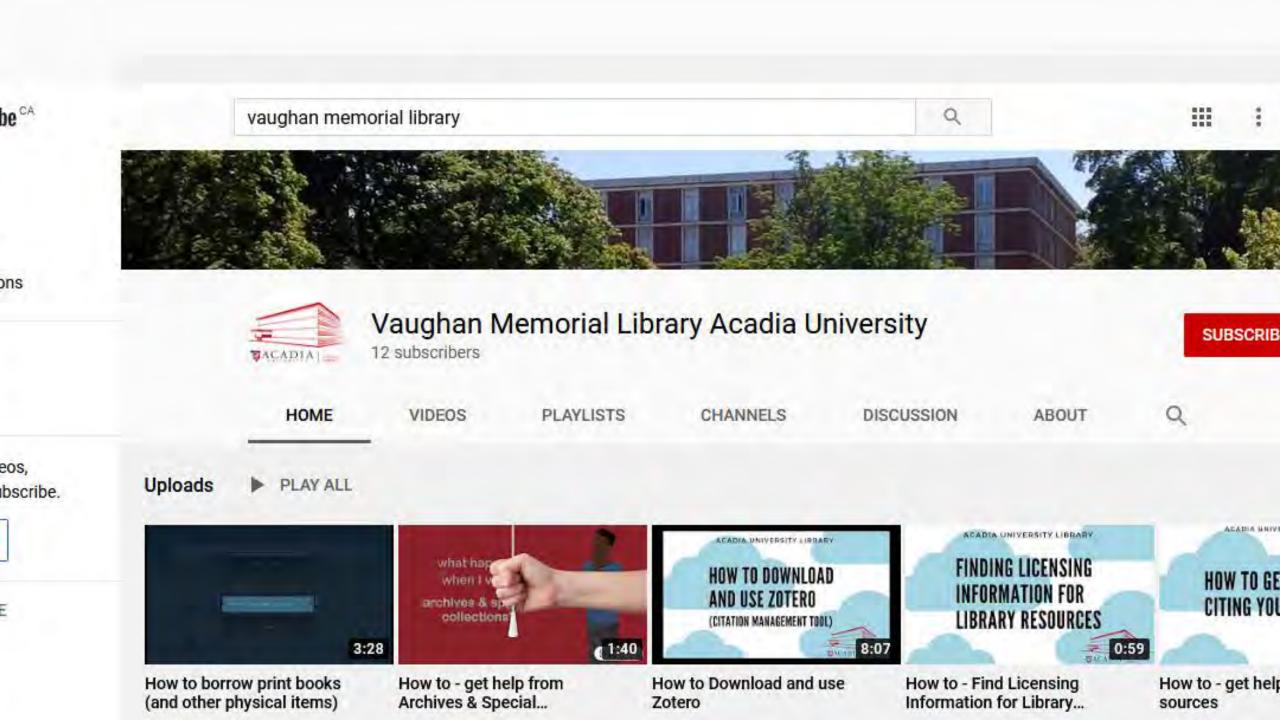
Our award-winning tutorials have been used, licensed, and adapted by educational institutions around the world. With the <u>recent demise of Adobe Flash</u>, we are in the process of re-designing the tutorials in HTML5. The most popular tutorial—You Quote It, You Note It—was relaunched in October 2020. Our other tutorials will follow in 2021. We intend to make the source files of the new tutorials available by free license to institutions who wish to modify them for non-commercial research and educational purposes.



Plagiarism Quiz

Attention faculty:

The You Quote It, You Note It! citation tutorial has a corresponding quiz about plagiarism which is available for your to deploy in Acorn (LMS). Our friends at LTID (Learning Technologies & Instructional Design) have provided the Moodle-zip file which contains quiz questions and instructions how to add the package to your course via Acorn Help.



ANY QUESTIONS?

Anthony Pash – anthony.pash@acadiau.ca 902-585-1734

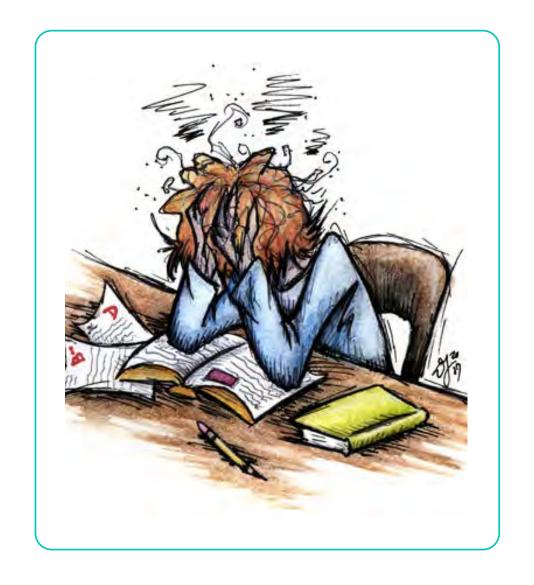
Tutoring Services

Presenter: Elisabeth Frost



WHO CAN BENEFIT FROM A TUTOR?

- Everyone some common barriers
- O Short vs. long term
- Tutors can help you:
 - better understand material, grow skillset
 - build confidence and study skills



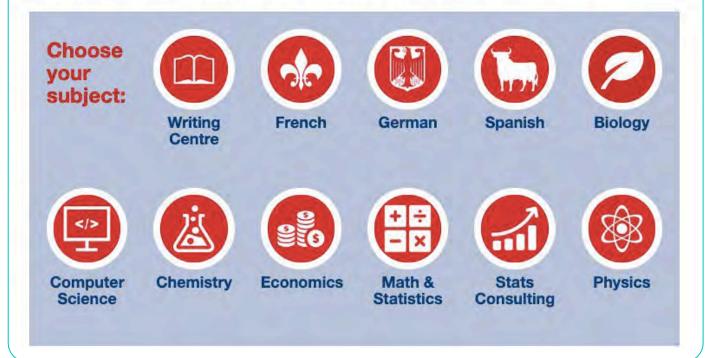
#1 RESOURCE: YOUR PROFESSOR

Lots of free resources – USE THEM

- Meeting with your professor:
 - Office hours + other times
 - Be prepared (have questions ready; e-mail them in advance)

Free Tutoring and Help Centres

Acadia faculty and students also offer many free tutorials and help centres:



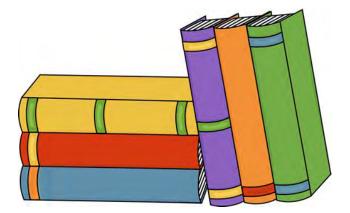
OTHER FREE REOURCES & HELP CENTRES

Ask if the course has a lab or class TA

Online tutorials (be careful!)

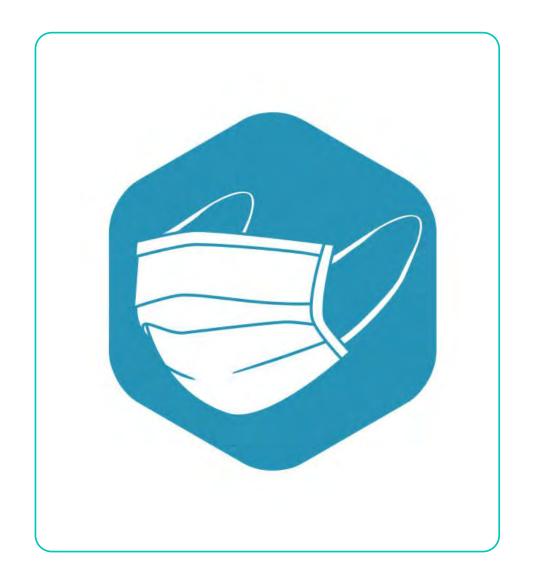
HIRING A TUTOR

- 1. Contact: tutoring@acadiau.ca
- 2. Sign an agreement form guidelines for use
- 3. Gain access to our online tutoring database (ACORN)
 - 1. Browse by subject, view tutor profiles
 - 2. Contact tutors directly; arrange when, where (pick an online platform) and how often to meet



Tutoring and COVID-19

- Current protocols
 Virtual tutoring vs. in-person
- 2. Guidelines may change, please refer to Acadia's COVID-19 webpage





Questions?

Web: tutoring.acadiau.ca

E-mail: tutoring@acadiau.ca

Accessible Learning

Presenter: lan Ford

ACCESSIBLE LEARNING SERVICES

WHO ARE WE?

- Our Team provides support for students with disabilities at Acadia
- We offer:
 - Support services, including workshops, classroom and test accommodations
 - Assist students applying for provincial and national funding through grants
 - Notetaker support and connect students with the Tutoring Coordinator
 - Obtaining electronic textbooks from publishers and connect with <u>Vaughan Memorial Library</u> to join the accessible text database, BookShare
- We also:
 - Offer students an opportunity to develop **employment-related skills** through our Work Integrated Learning Program.

OUR TEAM

Marissa McIsaac – Manager



 Ian Ford – Accessibility Resource **Facilitator**



Emily Duffett – Coordinator, Work Integrated Learning (WIL)



 Kate Johnstone – Accessibility Support Officer

 Gillian Hastey – Accessibility Officer/Exam Coordinator

Please contact us at disability.access@acadiau.ca

ACCOMMODATIONS

- We work with students on in-class and test/exam accommodations
- Accommodations are based on what is in student's documentation.
 - Documentation is kept confidential
- It is important to note that registering with our services does not appear on your transcript or school record.

WORKSHOPS

- Time management
- Organization
- Goal setting
- How to talk to your professors
- Group work
- Effective note taking
- Stress and anxiety management

- Balancing work and academics
- Presentation skills
- Reading comprehension
- Online academics: virtual learning
- Developing a weekly schedule
- Study skills
- Exam preparation

QUESTIONS?

If you'd prefer asking us a question through email or meeting with us, please contact us at disability.access@acadiau.ca

Chaplain

Presenter: Rev'd. Dr. Marjorie Lewis

Spiritual Wellness at Acadia

The MANNING MEMORIAL CHAPEL PROGRAMMES

January 06, 2021



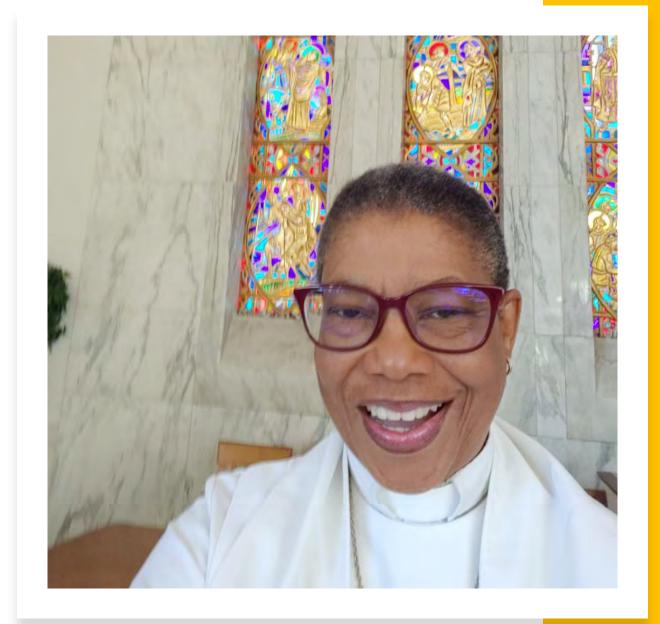


HISTORY OF THE MANNING MEMORIAL CHAPEL

- Manning Memorial Chapel student initiative 1960s
- Support by Manning family
- Team: Chaplain & Dean,
 University Organist and Choir
 Director, Choir, Chapel
 Assistants

The Chaplain and Dean of the Manning Memorial Chapel

- The Reverend Dr. Marjorie Lewis
- Leads Christian worship, prayers, Bible Studies; provides individual and group spiritual care
- Supports spirituality of students of all faiths and spiritualities – or none
- Prayers at University & Departmental Functions





-Mr. John Scott BMus., CRCCO University Organist and Chapel Choir Director

- -Accomplished conductor, organist, church musician, and composer
- -Recruits, trains & conducts choir
- -Organizes concerts in Chapel and community



The Choir https://www.facebook.com/ManningChapelChoir

Chapel Assistants

Six Chapel Assistants

Participate in preparation, hosting and leadership of worship services and other activities of the Manning Memorial Chapel

Communication and promotion of Chapel activities

Administrative duties

Any other general Chapel duties



Chapel Activities for the Winter Semester Begin January 2021

- Virtual Worship Services
- Daily Prayer
- Weekly Bible Study
- Individual and group conversations, activities
- Special Observances (e.g. WPCU, BHM, Easter)
- PLUS!!!
- Website https://chapel.acadiau.ca/Home.html

Student Religious Groups @ Acadia

1. Acadia Jewish Society

Jordi Chaffer 143162c@acadiau.ca

2. Acadia-Muslim Students Association

Contact- Mayar Tahina 140247t@acadiau.ca

3. Catholic Acadia

Baylee Saulnier <u>135890s@acadiau.ca</u> Facebook:Catholic Acadia

4. Intervarsity (Acadia Christian Fellowship)

Hannah Nagtegaal 143756n@acadiau.ca Facebook-@InterVarsityAcadia

5. Wolfville Chinese Fellowship

Helen Chan helen.chan@acadiau.ca

(Image Source: Interfaith Free Stock Images https://www.stockfreeimages.com/p1/interfaith.html accessed January 5, 2021)



What Does Spirituality Mean to You?

- the celebration of a person's identity and cultivation of one's fullest potential. * pursuing depth and fulfilment in relationships with others;
- fostering links to nature and all that exists in the universe;
- connect with God/Higher Power; integrating the spiritual with academic development;
- exercising agency to overcome adversity and have hope; resolving to contribute to making the world a better place

(Photo courtesy of the KC Irving Environmental Science Centre & Harriet Irving Botanical Gardens)





Spiritual Assessment

- H Source of Hope or comfort?
- O Member of Organized Religion?
- P Personal Beliefs and Practices?
- E Effects/Conflicts between spiritual beliefs/practices & health care/wellness programme?

(Photo by Marjorie Lewis)

Spiritual Distress

Spiritual distress can be experienced in varying ways by different people. The signs and symptoms of spiritual distress may include:

- Feelings of anger or hopelessness
- Feelings of depression and anxiety
- Difficulty sleeping
- Feeling abandoned by God
- Questioning the meaning of life or suffering
- Questioning beliefs or sudden doubt in spiritual or religious beliefs
- Asking why this situation occurred
- Seeking spiritual help or guidance



Supporting Someone Facing Spiritual Distress

- be an active listener and provide support in a calm, peaceful environment.
- If requested, reach out to a spiritual leader (Chaplain, Minister, Priest, Rabbi, Imam) who can visit with the individual
- Journaling

Spiritual Growth

- James Fowler: six stages >>>> Universalizing Faith
- Maria Harris: 'Dance of the Spirit" seven steps of women's spirituality
- Teresa of Avila, "The Interior Castle," Seven Mansions
- Marjorie Lewis, Black women's Spirituality: Spiral



Diagram of Black British Women's Spirituality KEY 1. Gender 2. Race 3. Personal Adversity 4. Social Concerns

TOWARDS & MODEL OF BLACK BRITISH WOMEN'S SPIRITUALITY (MARJORIE LEWIS 2007 PHD THESIS)

"In the process of the development of their spirituality Black British women are affected by four consistent themes which recur... manifest as experiences of dissonance which trigger reflections about Black women's lives viz a viz the status quo (pp 257 – 258)

• Gender. Race. Personal Adversity. Social Concerns.

Religious Abuse

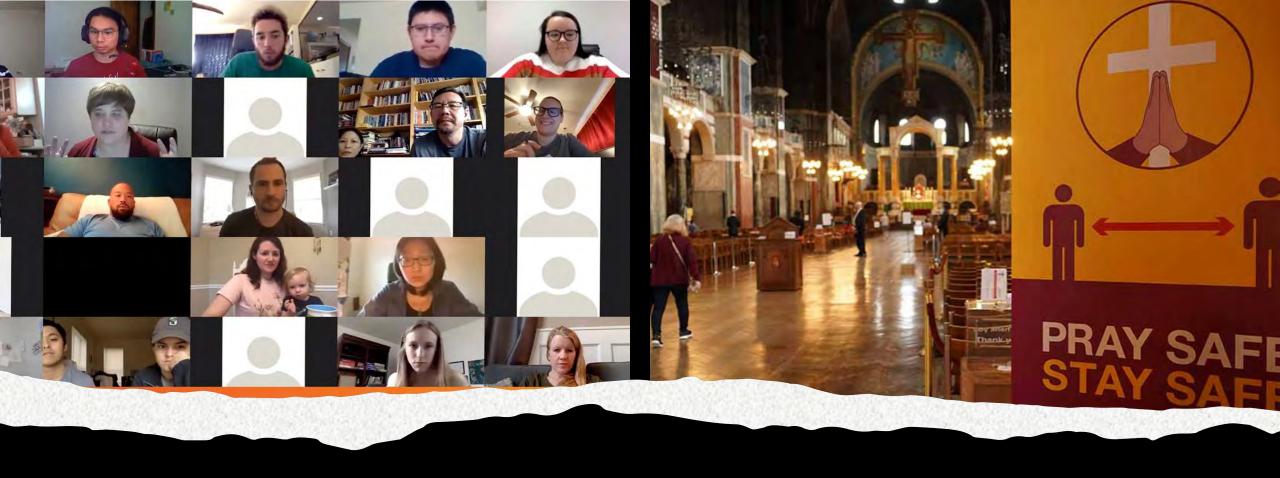
"Religious abuse occurs when a person or group of people denies another's capacity to participate in the construction of faith" (Culbertson p. 288)





Link to Other Types of Abuse

- Physical: unwanted touching, e.g. 'laying on of hands'
- **Psychological:** "minister fails to take seriously & respectfully the 'perceptions, insights & experiences' of another"
- **Social:** Minister uses power to 'manipulate, deceive, dominate'
- Institutional: marginalized for viewpoints outside rigid definitions (Clergy sometimes victims)
- **Sexual:** by Pastor/leader & can include the types above (Culbertson pp 288 289)



PREPARE TO PIVOT!

(Images sources: Social distancing signage at Westminster Cathedral (PA Wire) https://www.newschain.uk/news/private-prayer-reopened-places-worship-moment-grace-13398

Accessed January 5, 2021; https://intervarsity.org/onlineWebinar: Effective Ministry Over Zoom resources/webinar-effective-ministry-over-zoom accessed January 5, 2021

The End

Thank you! Merci!

(Image source: How Imani Wilmot Turned the Tide of Jamaica's Surf Scene https://www.redbull.com/za-en/theredbulletin/imani-wilmot-surf-girls-jamaica-interview accessed January 5, 2021)



Occupational Health & Safety

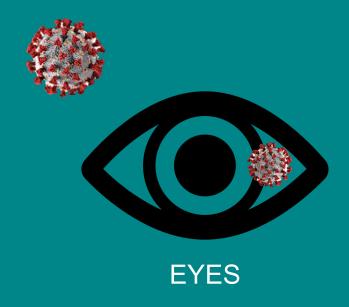
Presenter: Caroliina Landry

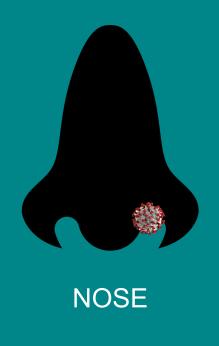


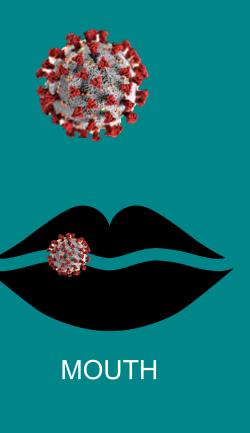
COVID-19 INFORMATION at ACADIA UNIVERSITY

COVID-19: STUDENT ORIENTATION

HOW DOES THE VIRUS GET INTO YOUR BODY?

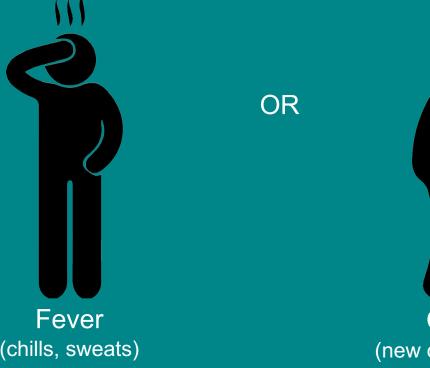






COVID-19 SYMPTOMS

As of Oct. 1, 2020, Nova Scotia health advises all individuals who feel they need to be assessed to perform an online COVID-19 Assessment (see link below). If you are unable to access the online version, you can still call 811 for a telephone assessment. If you are currently experiencing or have experienced the following COVID-19 symptoms in the last 48hrs please follow the link below.





SYMPTOMS CONTINUE

...OR TWO OR MORE OF THE FOLLOWING SYMPTOMS (NEW OR WORSENING):



Sore throat



Runny nose



Headache



Shortness of breath



How are you today?

REMEMBER YOUR DAILY SELF ASSESSMENT. Before you leave, check for COVID-19 symptoms and stay home if you show any symptoms or are unwell.

CHECK FOR:

- FEVER (CHILLS OR SWEATS)
- . COUGH (NEW OR WORSENING)

OR TWO OR MORE OF THE FOLLOWING SYMPTOMS (NEW OR WORSENING):

- SORE THROAT
- RUNNY NOSE OR NASAL CONGESTION
- HEADACHE
- SHORTNESS OF BREATH

WATCH FOR SYMPTOMS

Symptoms may take up to 14 days to appear after exposure. Symptoms can vary from person to person, can range from mild to severe, and in some cases can lead to death.

WHEN TO CALL 811

If you think you've been exposed to COVID-19 and you have any of the COVID-19 symptoms, or any other symptoms that concern you, stay in your residence room or home, and call 811 for assessment by a nurse.

Help protect our Acadia community from COVID-19



RISK FACTORS WHICH MAKE YOU MORE VULNERABLE TO DEVELOPING COVID-19

- People of any age with chronic medical conditions including:
 - Lung disease
 - Heart disease
 - Hypertension (high blood pressure)
 - Diabetes
 - Kidney disease
 - Liver disease
 - Dementia
 - Stroke

RISK FACTORS WHICH MAKE YOU MORE VULNERABLE TO DEVELOPING COVID-19

- People of any age who are immunocompromised, including those:
 - With an underlying medical condition (e.g., cancer)
 - Taking medications that lower the immune system (e.g., chemotherapy)
- People living with obesity (BMI of 40 or higher)

Older adults (increasing risk with each decade, especially over 60 years)

HOW DOES IT SPREAD?

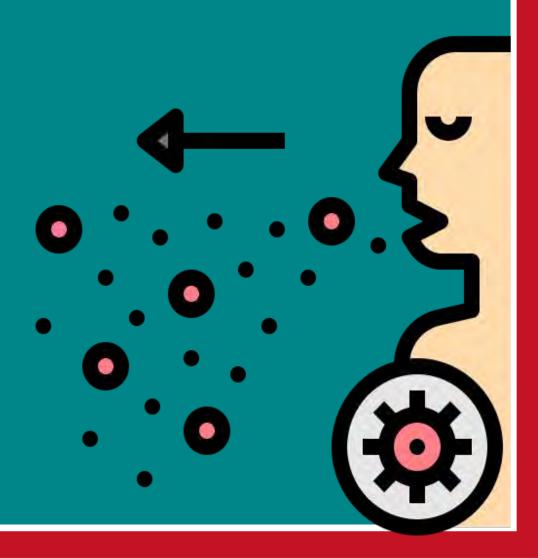
- Through respiratory droplets
- Close prolonged contact (defined as 15 minutes)
- Touching an infected area and then touching your eyes, nose or mouth
- It can survive on surfaces outside the human body for

Up to 3 hours as an aerosol

Up to 72 hours on plastic and stainless steel

Up to 4 hours on copper

<24 hours on cardboard



WHAT CAN THE GOVERNMENT DO TO BREAK THE CYCLE OF INFECTION?

Canada and the Nova Scotia governments have implemented a standard prevention method to limit the spread of coronavirus within our communities.

 Therefore, you must quarantine (self-isolate)/ isolate immediately upon arrival in Canada

 You must continue to quarantine (self-isolate)/ isolate for 14 days after arrival in Nova Scotia, with your arrival day in Nova Scotia being considered Day 1.

CLARIFYING QUARANTINE (SELF-ISOLATION) VS ISOLATION

Quarantine (Self-isolation)

- Restricting activities and/or separating people who are not ill, but may have been exposed to COVID-19 (such as travelers)
- This can take place in a designated facility or at home for 14 days (see federal guidelines for international students in the reference section)

Isolation

Separating people who are ill with symptoms of COVID-19 and/ or have tested positive

WHAT HAS ACADIA UNIVERSITY DONE TO MAKE IT SAFE FOR EVERYONE?

We have followed the Hierarchy of Controls and implemented the following policies and protocols on campus:

- 1. Elimination Controls
- 2. Substitution Controls (not applicable)
- 3. Engineering Controls
- 4. Administrative Controls
- 5. PPE (personal protective equipment)

1. ELIMINATION CONTROLS

Avoided exposure by...

- Working off campus
- Staggering classes
- Developing online learning
- Daily online self-assessment (If you feel unwell-STAY home or in your residence)
- Virtual meetings for faculty, staff and students



3. ENGINEERING CONTROLS

- 1. Physical distancing measures have been implemented
- 2. Minimizing the use of common areas to follow provincial directives related to COVID-19
- 3. Restructuring office space and classrooms to allow for increased physical distancing
- 4. Restricting numbers of occupants in elevators and small spaces
- 5. Physical barriers have been implemented where physical distancing is not possible (following provincial directives)
- 6. One-way traffic flow has been implemented in buildings and stairwells around the campus
- 7. Increased the number of handwashing stations in high traffic areas
- 8. Re-routed some ventilation to bring in more fresh air into the buildings on campus

4. ADMINISTRATIVE CONTROLS

- 1. Implemented policies, procedures, and protocols to maintain safety and compliance with provincial directives
- Educated faculty, staff and students on COVID-19 awareness, prevention and importance of compliance
- 3. Increased number of cleanings in high touch areas and high traffic areas (above routine cleaning) such as doorknobs, light switches, and faucets
- 4. Staggered class start times and moved class locations to consider maximum occupancy
- 5. Staggered mealtimes and break times
- 6. Advanced planning, clear communication, and appropriate training, regarding addressing potential positive COVID-19 cases

5. PERSONAL PROTECTIVE EQUIPMENT (PPE)

- PPE is used when other controls cannot be met
- Wear a mask (bring your own or use supplied Acadia masks)
- Launder non-medical cloth masks appropriately after each use
- Face shields, gloves, gowns, and 3-ply disposable face masks will be supplied to those individuals that may encounter someone with potential symptoms while in the course of their duties (e.g., quarantine/self-isolation/isolation periods)



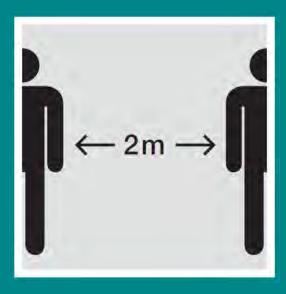
WHAT CAN YOU DO TO PREVENT INFECTION?



Stay informed and follow Canadian and Nova Scotia Public Health directives



Clean high touch areas in your living space routinely



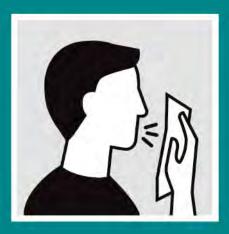
Practice 2-metre (6-foot) distancing

WHAT ELSE CAN YOU DO?

Practice good cough etiquette

- Use a tissue Wash your hands
- Cough or sneeze into your elbow Wash your hands
- Avoid touching your eyes, nose, and mouth Wash your hands



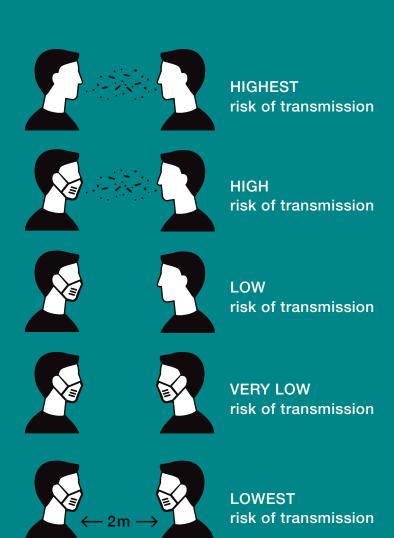




IMPORTANCE OF A MASK

Wear a mask especially when you are unable to maintain social distancing of 2 metres (6 feet).

- Review and follow Acadia's COVID-19 Mask Policy (see link below).
- Anyone who needs an exemption from wearing a mask is asked to contact Safety and Security for assistance (see contact info below).



WHAT ELSE CAN YOU DO?

Stay healthy to maintain a good immune system

- Exercise routinely
- Maintain good nutritional habits
- Get adequate and routine sleep



MOST IMPORTANTLY

Practice good hand hygiene.

Wash your hands...

- Before and after preparing food
- After touching pets
- After handling waste or dirty laundry
- After going to the washroom
- When your hands look dirty
- After touching surfaces used by others



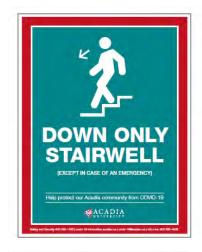
CAMPUS SIGNAGE EXAMPLES:



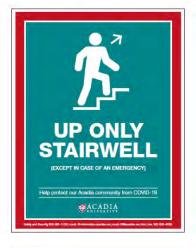














CONTACT TRACING ON CAMPUS

- CCTV
- RFID scanners at building entrances,
- Class attendance records,
- Acadia Wi-Fi, and
- Electronic Access Controls.



COVID-19 APP

• Ensure to be notified of any COVID-19 exposure immediately

Download the COVID APP today



https://novascotia.ca/coronavirus/covid-alert-app/

PERSONAL SAFETY DURING COVID-19



 Although there is one-way traffic into and out of the buildings on campus, it is important to know that in the conditions of an evacuation or fire alarm you should find the nearest exit and evacuate in a calm manner. In the interest of safety, it is not necessary to follow the oneway traffic pattern.



• Regarding masks, if you find someone who is incapacitated or vomiting while wearing a mask, please remove their mask so they do not aspirate and potentially die.

WHAT IS EXPECTED FROM ACADIA UNIVERSITY FACULTY & STAFF?

- 1. All members of the Acadia community are required to do a daily self-assessment of symptoms and avoid leaving home or residence, if they feel unwell. The Self-Assessment is available on the COVID-19 website. If faculty & staff answer yes to any symptoms they are advised to stay home and follow the instructions on the website.
- 2. Before returning to campus, Acadia's faculty and staff must confirm they have read The Campus Reopening Framework and pledge their commitment by completing the Return to Campus Agreement.
- 3. Acadia faculty & staff are required to adhere to <u>Acadia's Mask Policy</u>. If you need an exemption, please refer to Acadia's Mask Policy for direction.

WHAT IS EXPECTED FROM ACADIA UNIVERSITY STUDENTS?

- 1. Acadia students are required to do a daily self-assessment of symptoms and avoid leaving home or residence, if they feel unwell. <u>The Self-Assessment is available on the COVID-19 website</u>. If you answer yes to any symptoms you are advised to stay home and follow the instructions on the website.
- 2. You are required to adhere to <u>Acadia's Mask Policy.</u> If you need an exemption, please refer to Acadia's Mask Policy for direction.
- 3. Students returning to campus are required to review and confirm their commitment to the Student COVID-19 Safety Pledge.

UP-TO-DATE AS OF DECEMBER 3, 2020

 See Nova Scotia Government COVID-19 website for current information at https://novascotia.ca/coronavirus/

RESOURCE & REFERENCE LINKS

- Acadia's Self-Assessment & Self Isolation Guide https://www2.acadiau.ca/covid-19/self-assessment.html
- Nova Scotia's 811 Self-Assessment Guide https://when-to-call-about-covid19.novascotia.ca/en
- Acadia's Health Centre https://www2.acadiau.ca/student-life/health-wellness/clinic.html
- Acadia's Counselling Centre https://www2.acadiau.ca/student-life/health-wellness/mental-health.html
- Nova Scotia Healthy Minds Online Support https://healthymindsns.ca/schools/acadia/
- Acadia's Chaplaincy https://chapel.acadiau.ca/chaplain.html
- Acadia's Mask Policy https://www2.acadiau.ca/covid-19/health-and-safety.html
- Acadia's Campus Reopening Framework https://www2.acadiau.ca/files/files/COVID-19/CampusReopeningFramework.pdf
- Acadia's Staff & Faculty Return to Campus Agreement https://forms.office.com/Pages/ResponsePage.aspx?id=7sy4OP2s60CXLIUtfNVIo72sHQMh1htPvrhWmNOcupBUMVAxR0tHTDM2MjNGRERVR1VPSVIKRIpLMS4u
- Acadia's Occupational Health Nurse COVID-19 cell: 902-698-9221

COVID-19 PREPAREDNESS & EDUCATION CONTENT REFERENCES

- https://novascotia.ca/coronavirus/masks/
- https://theconversation.com/what-is-the-ace2-receptor-how-is-it-connected-to-coronavirus-and-why-might-it-be-key-to-treating-covid-19-the-experts-explain-136928
- https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.htm
- https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html
- https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/diagnosed-with-covid-19-what-to-expect#:~:text=Those%20with%20a%20mild%20case,will%20die%20from%20the%20disease.
- https://www.nejm.org/doi/10.1056/NEJMc2004973
- https://www.who.int/
- https://www2.acadiau.ca/covid-19.html
- https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/people-high-risk-for-severe-illness-covid-19/people-high-risk-for-severe-illnes
- https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/coronavirus-disease-covid-19

ASU Health & Dental Insurance

Presenter: Cindy MacDonald





It is important that all Acadia students have health insurance in order to avoid unforeseen medical expenses.

Students voted in a referendum supporting the implementation of a health care plan that would supplement, but not replace, the provincial health care plan.

The ASU felt that implementation of a health plan would provide affordable health insurance for students on fixed incomes. This fee is **automatically** added to your student account each year you attend Acadia.



Who is eligible?

All full-time Canadian and all International students are eligible.

In order to be eligible for the Canadian plan, you must have provincial health care in place.

How much does it cost?

International Health Plan Rates

Single student 12 months \$775.00 Family** 12 months \$1,500.00

PLEASE NOTE: Insurance premiums are subject to change.

** For family coverage, you must email the Health Plan Administrator before the last business day of September each year with the names and birth dates of the dependent(s) you wish to have covered by your plan.

Students newly eligible in January must register their dependents before January 31.

Alternatively, you can register dependents by visiting <u>www.studentbenefits.ca</u>

Basic Overview of International Plan Benefits

| Drugs | UP to \$3,000 per year - \$2 Deductible |
|--|--|
| Physiotherapist | \$300 per year |
| Out of Province- Emergency Care | Ward Only |
| Out-of-Canada | Average Ward Rate |
| Hospital (In-Province) | Ward Rate |
| Out-of-Hospital Nursing | 100% |
| Orthopedic Shoes | 50% up to \$250 |
| Physician Fees & Services (Clinic or Office Visit) | 100% |

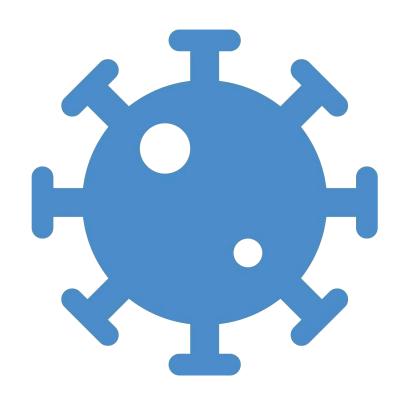
| Specialist Services (Referral Required) | 100% |
|---|------------------------------|
| Accidental Dental | Up to \$1,000 per accident |
| Ambulance | 100% |
| X-Ray Expenses | 100% |
| Basic Eye Exam | One eye exam every 24 months |
| Vision Care | Up to \$150, every 24 months |
| Durable Medical Equipment & Supplies | 100% |
| (Must be preapproved) | |
| Repairs and/or Adjustments to Prosthetics | Up to \$300 per student year |

How do I use the plan?

A printable pharmacy card for eligible members is accessible from the www.studentbenefits.ca website.

This pharmacy card, when presented at the pharmacy, will cover most prescription drugs.

For International students, the coverage features a \$2.00 deductible for most prescription drugs.



What About Covid Testing?

Covid testing for international students is covered by the province of Nova Scotia and does not require students to produce their international student health card.

Students who are in possession of a provincial health card are however, required to show the card.

What if I already have an extended health care plan?

You can opt out and have the health and/or dental plan fees removes from your student account.

Students who have comparable health insurance may opt out of the ASU Health Plan by showing proof of alternative coverage (i.e. the actual insurance card, photocopy of the card, or faxed information from the insurance company, that has the policy number and carrier name).

What if I am studying online outside of Canada?

If you are currently studying remotely, there is an option to opt out at www.studentbenefits.ca by indicating that you are studying outside of Canada.

You can opt out online at

www.studentbenefits.ca

The deadline to opt out for second semester students is January 31, 2021

The opt out process must be completed every year.

Nova Scotia Health Card

International students pay a higher health insurance fee than Canadian students because as a general rule, they do not have a provincial health card.

International students who have been in the province of Nova Scotia for 13 consecutive months without leaving may qualify for a provincial health card.

To determine if you qualify for provincial health insurance contact: Medical Services Insurance (MSI) at 1-800-563-8880.



Why Should I Apply for a Provincial Health Card?

A provincial health card is not sufficient as proof of extended health insurance necessary to opt out of the student health plan.

However, if at any point during your period of study you qualify for a provincial health card, you can contact the Health Plan Administrator and ask to be switched to the Canadian plan. Your health insurance fees will be adjusted to the lower Canadian monthly fee for any subsequent months.

Your student health plan supplements your provincial health plan by covering things such as prescriptions, ambulance trips, etc.



For more information contact:

Cindy MacDonald

Health Plan Administrator

E-mail: asuhealthplan@acadiau.ca



Acadia Student Union (ASU)

Presenter: Brendan MacNeil

Acadia Students' Union

Enhancing Student Life at Acadia Since 1967



What are we?

Mission Statement

Welcome to Acadia, as a student you are a general member of the Acadia Students' Union. We are an organization that has been dedicated to serving its members through effective representation and communications for over 50 years.

We offer representative and quality services to our students, while providing a variety of opportunities which enhance the overall University experience at Acadia.



Acadia Students' Union

What are we?

Our Services

Support Services: Health & Dental Plans, Legal Advice, Mailboxes, Emergency Funds, Student Activities & Wellness Funds theasu.ca/services.html

Retail Services: Cajuns, Union Market, Perkins, The Axe Bar & Grill (Employment for students)

theasu.ca/food.html

Peer Services & Student Groups: Clubs, Societies, Internal Organizations theasu.ca





What are we - Representation

Our Representation

Representation of students is our work to address student needs and concerns at the university, municipal, provincial, and federal levels.

Academics | Student Life

- Mental Health Support & Resources
- Sexual Violence Policy
- P/F & W Date
- International Isolation



What are we - Representation

Advocacy

We worked this year at the provincial level, meeting with ministers and MLAs on a number of items, such as:

international students being covered under provincial MSI and increased co-op funding, and successfully got an increased \$750 grant for NS student loan recipients as well as available testing for returning international students.



Who is we? Representation

Students Representative Council & ASU Executive

SRC is responsible for governance of the Union
ASU Exec is responsible for operations, strategic direction, & advocacy of the entire Union
Student Groups work within the union, SRC & Exec work on the union.

theasu.ca/governance.html

Our Role

Advocacy for our students & student groups
Working with University and Government
Creating Policy & Procedures for Union operations
Creating New Programs, Events, & Supports





How do we?

Students' Representative Council

| | Vice Chair | Chair | First Year Representative | |
|--|------------------|----------------|---------------------------|---|
| Professional Studies Senator | | | | Councillor |
| Arts Senator | | | | Councillor |
| Graduat Studies Senator | | | | Sustainability Officer |
| Theology Senator | | | | Community Relations Officer |
| Pure & Applied Science Senator | | | | Diversity & Inclusion Officer |
| V.P Finance & Operations | V.P Student Life | President | V.P Events & Promotions | V.P Academic & External |
| | | | | |
| | Vacant | Molly Anderson | Vacant | |
| Menat Tahoun | Vacant | Molly Anderson | Vacant | <u>Harinarayanan Jagan</u> |
| <u>Menat Tahoun</u> <u>Lara Hartman</u> | Vacant | Molly Anderson | Vacant | <u>Harinarayanan Jagan</u> <u>Kevin George</u> |
| | Vacant | Molly Anderson | Vacant | |
| <u>Lara Hartman</u> | Vacant | Molly Anderson | Vacant | Kevin George |
| Lara Hartman Mary Tajeddin | Vacant | Molly Anderson | Vacant | Kevin George Alex Surette |



ASU Exec

President: Brendan MacNeil <u>ASUPresident@acadiau.ca</u>

V.P Events & Promotions: Blake Steeves

VPEP@acadiau.ca

V.P Academic & External: Lydia Houck

VPAE@acadiau.ca

V.P Student Life: Robbie Holmes

VPSL@acadiau.ca

V.P Finance & Operations: Brendan Keeler

VPFO@acadiau.ca



How do we? Committees

SRC Committees

Whether you are interested in investing or finance, marketing or content creation, policy or governance, social events or community building, and just about everything in between, there is an opportunity for you in the ASU to get real experience and skill development while at Acadia.

- Financial Affairs Committee
 - Student Life Committee
- Events & Promotions Committee
 - Sustainability Committee
 - Governance Committee





Who are we? - Services

Student Groups

Provide support, services, and events & programming for our students to meet and work with their peers and get involved.

Clubs & Societies theasu.ca/clubs.html
Internal Organizations theasu.ca/internal-organizations.html
House Council theasu.ca/house-council.html

Follow us on social media @acadiastudents to see what our students are up to,

And to see featured student groups!

Student Governance

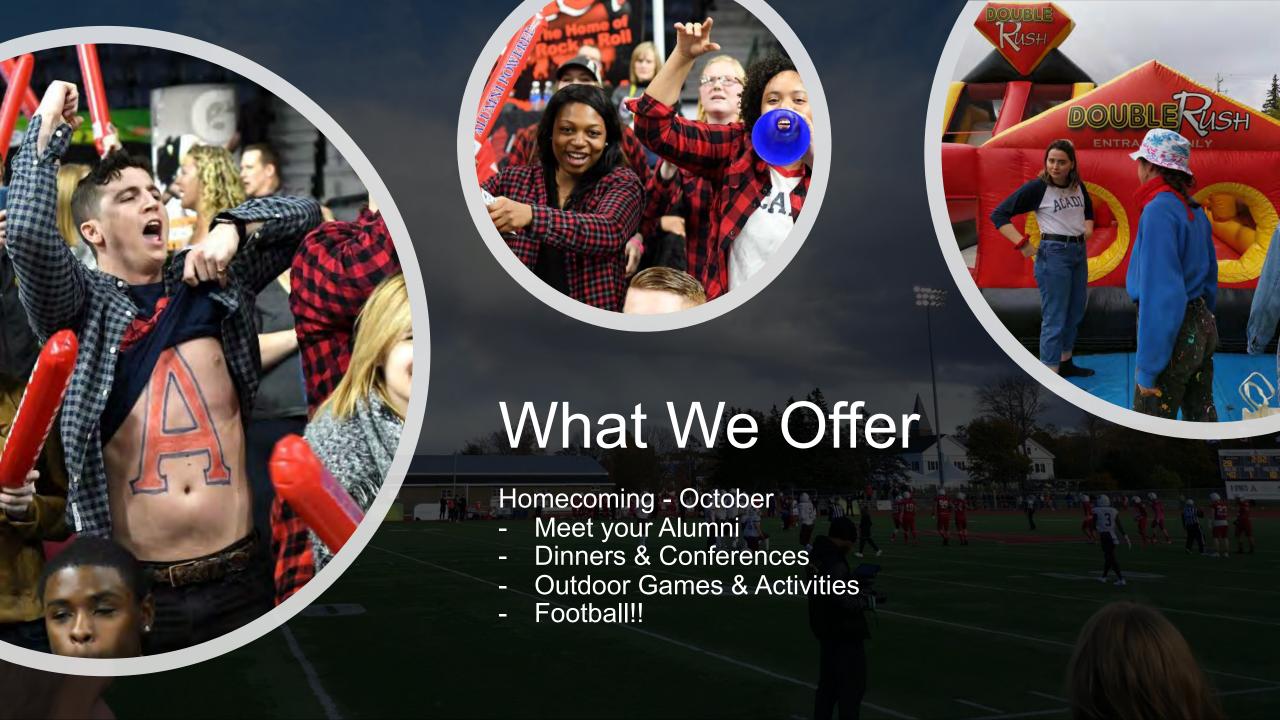
Works on Union policy, structure, programs, and advocacy ensuring we represent and stay relevant to all of our students.

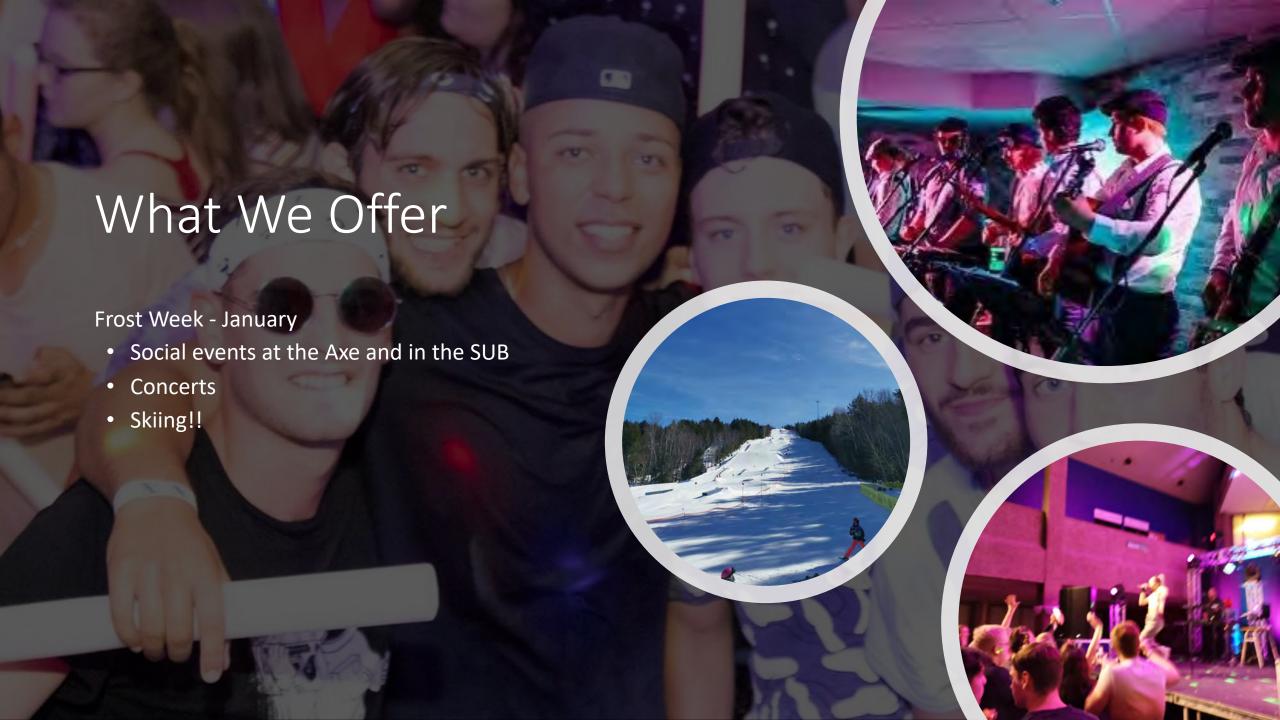
Students Representative Council <u>theasu.ca/src.html</u>
ASU Executive ^











Who are we?

| Academic Clubs | Athletic Clubs | Interest Clubs | Interest Clubs CONT |
|--|-------------------------------|-------------------------------------|--|
| Acadia Accounting Society | Acadia Axelles | Acadia Campus Lions Association | Black Students' Association (BSA) |
| Acadia Business Society | Acadia Axetreme Cheerleading | Acadia Children's Wish Society | <u>Canadian Association of Foodservice</u> <u>Professionals (CAFP), Acadia Branch</u> |
| Acadia Biology Society | Acadia Baseball Team | Acadia Esports Club | <u>Canadian Foundation for AIDS Research,</u> <u>Acadia Branch</u> |
| Acadia Computer Science Society | Acadia Dance Collective | Acadia Film Society | CARICOM |
| Acadia Economics Society | Acadia Equestrian Team | Acadia Fork and Farm | Catholic Acadia |
| Acadia English Society | Acadia Ringette Team | Acadia Global Brigades | <u>Chinese Club</u> |
| Acadia History Club | Acadia Men's Rugby Team | Acadia International Society | Communist Club |
| Acadia Finance Society | Acadia Table Tennis Club | Acadia Investment Club | Enactus Acadia |
| Acadia Math Society | Acadia Ultimate Frisbee | Acadia Medical Campus Response Team | Exercise is Medicine on Campus |
| Acadia Physics Society | Acadia Women's Field Hockey | Acadia Model UN Association | Grad Class 2020 |
| Acadia Pre-Health Society | Acadia Women's Field Lacrosse | Acadia Outdoors Club | InterVarsity (Acadia Christian Fellowship-ACF) |
| Acadia Pre-Law Society | Acadia Women's Hockey Team | Acadia Photographic Society | Indigenous Student Society of Acadia |
| Acadia University Psychology Association | Acadia Women's Rugby Team | Acadia Players Association | Paul Tom Debate Society |
| Acadia University Sociology Society | Acadia Yoga Club | Acadia's Relay for Life | Women in Science and Engineering (WISE) |
| Environmental Science Students Association | Dance Acadia | Acadia's Marching Axemen | World University Service of Canada (WUSC) |
| Acadia University ESST Society | | ASU Food Cupboard | |
| Fletcher Geology Club | | Best Buddies Acadia | |



How to get involved

RESOURCES

- Student Groups Social Media (this presentation has them all)
- Website: theasu.ca
- Social Media: @Acadiastudents
- Bookings: more info coming on social/email/website
- House Councils:
 - Theasu.ca/jobs
 - Open positions: Dennis, Chase, ROJ

