

Resources

Decolonizing Your Media

Definitions

Race - A socially constructed phenomenon, based on the erroneous assumption that physical differences such as skin color, hair color and texture, and facial [or other physical] features are related to intellectual, moral, or cultural superiority. The concept of race has no basis in biological reality and, as such, has no meaning independent of its social definitions (Henry & Tator, 2006, p. 9).

Ethnicity - one's ethnic identity is their cultural identity. Ethnicity zeroes in on your families cultural and ancestral heritage.

Stereotypes - beliefs about the personal attributes of a group of people. Example: "Black people cannot swim". "People from India always eat curry". "People of Color are aggressive."

Prejudice - negative attitudes toward a group. Prejudices can be based on misinformation, stereotypes or fear. (Jewell, 2020).

Discrimination - unequal treatment of the group.

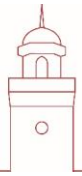
Racism - is prejudice, discrimination or antagonism directed against a person or people on the basis of their membership in a particular racial or ethnic group, typically one that is a "minority" or marginalized.

Individual racism - these are biases, prejudice and acts of discrimination from single individuals against members of racialized "minorities."

Institutional racism - is also laws, policies and programs that intentionally or unintentionally discriminate against non-white people (Jewell, 2020).

The Dominant Culture - is a group of people in society who hold the most power and are often (but not always) in the majority. The Dominant Culture establishes behaviors, value and traditions that are considered acceptable and the "norm" (Jewell).

The privilege of obliviousness - represents the luxury of not having to think much about race, racism, or one's racial identity in most settings and walking through daily life unconcerned about being targeted for mistreatment because of race (Case).



Things to Watch:

**all the below comes with content warnings for violence and mistreatment

Disclosure Documentary (2020)

This is a beautiful documentary about Trans representation in the Media. It's a great opening documentary for everyone, *trigger warning for discussions of violence*. "According to a study from GLAAD, over 80% of Americans don't personally know someone who's transgender. That means most people learn about trans people from the ways they're depicted in movies and TV." Now streaming on Netflix.

The Skin We're in (2017)

"Urgent, controversial, and undeniably honest, *The Skin We're In* is a wake-up call to complacent Canadians. Racism is here. It is everywhere. It is us and we are it. Following celebrated journalist Desmond Cole as he researches his hotly anticipated book, this documentary from acclaimed director Charles Officer pulls back the curtain on racism in Canada." Watch on CBC.

When They See Us (2019)

When They See Us covers a period of 25 years throughout the multi-part series. "In 1989, five black and brown teen boys were wrongly accused of a crime they did not commit and branded The Central Park Five, a moniker that has followed them since that time." Now streaming on Netflix.

Indian Horse (2017)

An adaptation of Ojibway writer Richard Wagamese's award-winning novel, this moving and important drama sheds light on the dark history of Canada's boarding schools or Indigenous Residential Schools and the indomitable spirit of Indigenous People. Now streaming on Netflix.

Things to Read:

- Anti-Oppressive Practices – Link
- GUIDE TO ALLYSHIP – Link

Online books from the Acadia Library:

1. Me and White Supremacy



2. [This book is Anti-Racist](#)
3. [White Fragility: Why It's So Hard for White People to Talk About Racism– Robin DiAngelo](#)
4. [The skin we're in – Desmond Cole](#)

Read/Listen as audiobooks

5. Eloquent Rage by Brittany Cooper
6. Reclaiming Our Space by Feminista Jones
7. How To Be An Anti-Racist by Ibram X. Kendi
8. Thick by Tressie McMillan Cottom
9. Hood Feminism by Mikki Kendall

Listen on any podcast streaming apps

- **Be Antiracist with Ibram X. Kendi** – In this podcast, Dr. Ibram X. Kendi, author of *How To Be An Antiracist* imagines what an antiracist society might look like and how we all can lay an active role in building one.
- **Telling Our Twisted Histories** – Host, Kaniehti:io Horn brings us together to decolonize our minds- one word, one concept, one story at a time.
- **Kimberle Crenshaw, Intersectionality** – Law professor, Kimberle Crenshaw defined the concept of intersectionality 30 years ago. She developed that framework to understand how identities such as race, gender and class intersect in overlapping systems of oppression and discrimination.
- **The Secret Life of Canada** - The Secret Life of Canada is a podcast about the untold and undertold history of Canada. This spirited and sometimes irreverent show highlights the people, places and stories that probably didn't make it into your high school textbook.
- **All My Relations** - Photographer Matika Wilbur, who is Swinomish and Tulalip, and academic Adrienne Keene, from the Cherokee Nation, discuss what it means to be Indigenous. Relatable experts to join them on topics like Native American mascots, Indigenous food and feeding the spirit, sexuality, and whether DNA test results should be linked to identity.



- **Seat at the Table** - Every episode of Seat at the Table is a powerful response to the history we're living through, and this vulnerable prologue truly sets the tone for the whole season. Isabelle Racicot and Martine St-Victor open up about the complicated feelings they've been working through lately, from outrage to fatigue to self-doubt to cautious optimism — especially as Black women who work in the media.
- **This Is Not A Drake Podcast** - This is not a Drake Podcast is a smart, sonically-rich series that uses seminal moments in Drake's career to explore undertold histories of hip-hop, R&B and Black culture. It's hosted by Ty Harper, a humble legend of the Toronto music scene, and beautifully crafted.
- **Made In** - MADE IN is a new podcast about Asian-Canadian stories, as told by Asian-Canadians. From finding our own understanding of beauty in defying Asian and Western standards, to unpacking the model minority myth, especially when we feel we should be silenced after traumatic incidents to upkeep a facade of perfection, our podcast hopes to break the boxes we've been told to put ourselves into to find our voice.

Checklist for white allies against racism

https://docs.google.com/document/d/1U1QOhhCjMz0rI844S3C6fjekmXu1cU_-VVxlCcjJNyw/edit

Exercises

- CHALLENGING HOMOPHOBIA, RACISM AND OTHER OPPRESSIVE MOMENTS <https://www.organizingforpower.org/wp-content/uploads/2009/03/challengingmoments.pdf> (Page 1-2 top)
- Tools for White Guys who are Working for Social Change ... and other people socialized in a society based on domination. <https://docs.google.com/document/d/1aKmUrGcHmjBzQz07FzMn4TdcjnqsGP1eOVm2JgyUYh4/edit>