

ACADIA MEN'S WELLNESS SPACE

FIRE COOK, CONNECT, CHAT

Who we are:

A group of Acadia students who identify as men gathering together.

What will we do:

Cook a delicious meal together, have fellowship, and discuss topics relevant to Men's health issues mind, body and spirit.

Our hope:

To form a community of men in a safe and supportive space.

When and where:

This program will run at the Front Street Community Oven in Wolfville every Monday night from 6pm to 8pm, from late October to April and is free for all participants.

How to Sign Up:

Email counselling@acadiau.ca to sign-up and get details.

Questions? Email duncan@frontstreetoven.ca or david.macphee@acadiau.ca

Program Co-Hosts



David MacPhee, MSW

David is a Social worker born and raised in Dartmouth, Nova Scotia. He has worked as a clinical therapist at CFS Saskatoon, the Suspected Trauma and Abuse Response Team at the IWK, the PAUSE Mental Health Walk-in Clinic at the North End Community Health Centre, and currently works for the Clinical Virtual Care Team at the Nova Scotia Health Authority. David is a husband, father and pet owner. He is also a comic book aficionado, music nut and avid hockey fan.



Duncan Ebata, Acadia BBA '13

Duncan is a food and narrative facilitator. Duncan is an Acadia Grad and has lived and worked in Wolfville for the past 14 years. He works with communities to create spaces for everyday wellness, healing, and connection. Duncan is co-founder of Front Street Community Oven and a Narrative Facilitator at How We Thrive.



Program Location:
Front Street Community Oven
160 Front Street Wolfville/Robie Tufts Park
(Between the NSLC and Wolfville Library)
FrontStreetOven.ca

