

# Deep Roots Music Festival

September 27, 2019 - September 29, 2019

Location: Festival Theater

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The Deep Roots Music Festival (September 26-29, 2019) is preparing for its 16th edition with a focus on the role that music plays in mental health and well-being. On opening night, celebrated Maritime singer-songwriter Catherine MacLellan will set the tone with a screening of her National Film Board documentary *The Song and the Sorrow*, directed by Millefiore Clarkes, and a duo performance following. The film captures Catherine's personal struggle to reconcile a family tragedy, confront the hurtful mystery of her absent father, Gene MacLellan, and embrace his musical legacy, as well as break the silence surrounding mental illness.

[Add this event to your calendar.](#)

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## Next Five Events

2019-09-26, 12:00–13:30 [La Table française](#)

2019-09-26, 16:30–18:00 [Rebecca Goldstein: Why Philosophy Won't Go Away](#)

2019-09-27 [Deep Roots Music Festival](#)

2019-09-28 [Deep Roots Music Festival](#)

2019-09-29 [Deep Roots Music Festival](#)