

Volleyball Newfoundland

July 22, 2019 - July 28, 2019

Location: Athletics Complex - Gym

The NLVA Jr. Elite Provincial Team Program is designed to prepare athletes to make the transition into elite volleyball. In this program, athletes will be introduced to elite technical skill training, mental skills training, sports nutritional information, and physical conditioning programs. All aspects of the Jr. Elite Program are specifically tailored to Male athletes aged 15 years and younger, and female athletes 14 years and younger. These ages align with our Provincial Team Programs and Canada Games programs.

[Add this event to your calendar.](#)

Next Five Events

2019-10-18, 09:00 [Open House 2019](#)

2019-10-18, 19:00 [H.T. Reid Lecture: Assimilation or Segregation? A Talk on the Status of Indigenous Economic Rights in Canada](#)

2019-10-19 [Homecoming 2019](#)

2019-10-19 [Annual Acadia Homecoming in Calgary 2019](#)

2019-10-19, 12:45–14:00 [Special Roundtable on Anti-Black Racism in the Academy](#)