

Kinesiology (BKIN)

Kinesiology is the study of human movement and its role in our lives.

By choosing to study kinesiology at Acadia you will learn about human movement from physiological, psychomotor, sociocultural, biomechanical, and pathological perspectives. You will also take related science and arts courses, and can complete a number of certifications during your studies.

Kinesiology is ideal if you plan to work in the rehabilitation fields, medicine, the fitness industry, or in teaching and coaching. This degree serves as a gateway to physical therapy, occupational therapy, and medicine, and also to many other health-related professions like speech-language pathology, audiology, nursing, athletic therapy, midwifery, and chiropractics. It also prepares you well for post-baccalaureate study in other areas like exercise physiology, adapted physical activity, biomechanics, and sport psychology.

The Acadia Kinesiology program is accredited by the Canadian Council of University Physical Education and Kinesiology Administrators (CCUPEKA) and provides opportunities for students to achieve the Canadian Society for Exercise Physiology (CSEP) certifications - Certified Personal Trainer (CSEP-CPT) and Certified Exercise Physiologist (CSEP-CEP) - as well as the Certified Strength and Conditioning Specialist (CSCS) certification.

Be Inspired

Acadia's Bachelor of Kinesiology (BKin) program balances theory (scientific knowledge about human movement) and application (hands-on experiences), which bring the theory to life and gives it relevance. This connection between theory and real-life experience using state-of-the-art equipment is invaluable. You will work closely with your professors and benefit from being a big part of Acadia's small classes. You can explore electives in areas such as sport injury assessment and management, personal training, adapted physical activity, health promotion and wellness, teaching, exercise science, coach education, and sport and exercise psychology.

Future Careers

- Audiology
- Cardiac rehab
- Chiropractic
- Coaching
- College/university positions

- CSEP-CPT/CEP
- Dentistry
- Education
- Health promotion
- Insurance

- Kinesiologist
- Law
- Medicine
- Midwifery
- Military
- Nursing
- Occupational therapy
- Physiotherapy
- RCMP
- Speech-language pathology

First Year at a Glance

Semester One

KINE 1013

Foundations

KINE 1213 and 1210L

Growth & Motor Development, with lab

KINE 1413 and 1410L

Applied Human Anatomy, with lab

BIOL 1853 and 1850L

Applied Human Biology 1, with lab

COMM 1013

Communication for Kinesiology

Semester Two

KINE 1113

Research Methods in Kinesiology

KINE 1243

Historical Aspects of Physical Activity & Sport in Canada

KINE 1333 and 1330L

Care and Prevention of Athletic Injuries, with lab

BIOL 1863 and 1860L

Applied Human Biology 2, with lab

MATH 1213 and 1210L

Statistics, with lab

KINE 1100

First Aid & CPR



[Apply](#)

[Visit Department](#)

[Academic Calendar](#)

Honours: Thesis-based, with research

Get Involved:

Sports Injury Assessment and Management Program

S.M.I.L.E.

Kinderskills

Cardiac Rehab

Acadia Active Aging

CSEP certifications

Acadia Kinesiology Student Society

Contact

School of Kinesiology

War Memorial Gymnasium, Room 380A

550 Main Street

Wolfville, Nova Scotia, B4P 2R6

kim.vaughan@acadiau.ca

[902-585-1307](tel:902-585-1307)